

CORNWALL OUTDOOR CLUB DE PLEIN AIR

Summer Schedule 2011 - Sédule d'Été 2011

www.cornwalloutdoorclub.ca

MEMBERSHIP OFFICER 936-1686

DATE	EVENT/ACTIVITE	LEVEL/ NIVEAU	MEETING PLACE/ LIEUX DE RENCONTRE	CONTACT PERSON PERSONNE CONTACTE
Sun. May 8	Mother's Day			
Mon. May 9 7:00 p.m.	Club Executive Meeting		TBD OPEN EVENT	Chrissy 932-5254
Sat. May 14 1:00 p.m.	Canoeing/Kayaking Hoople's Creek	2	Tim Horton's next to Kelsey's Restaurant	Kevin 935-5816
Sun. May 15 1:30 p.m.	Cycle 'N Putt Grey's Creek to Archie's for mini-putt & ice cream.	2 \$	Grey's Creek parking lot near Gazebo	Sylvie 935-5816
Fri. May 20 – Deadline for North Pole Camping Weekend – contact Will 933-4900				
Sat. May 21 Children's Treatment Bike-a-Thon Plus http://www.ctc-sdg.com/fundraisers-bikeathon.html				
Sun. May 22 2:00 p.m.	"Paddle with Confidence" Paddling Workshop, Ingleside	2	Ingleside Plaza (Hwy 2)	Heather 933-9836 or heather.lennox@ gmail.com
A few basic stroke techniques to get you where you want to go in your canoe or kayak. No boat? Borrow club equipment.				
Mon. May 23	Victoria Day			
Sat. May 28 6:00 a.m.	3rd Annual 100 km Cycling Fundraiser	4	Lamoureux Park Bandshell	Chrissy 932-5254
Raise money for cancer research by cycling the entire route or part of the route around SD&G.				
Sat. May 28 7:00 p.m.	Bonfire	1	Call for information	Huguette 534-8855
Sun. May 29 1:30 p.m.	Meet 'N Greet Hike	1-2	1309 Dover Road, (corner of Dover & Joyce), Cornwall OPEN EVENT	Kevin or Sylvie 935-5816
Bring a guest and lawn chairs. There will be an informal meet 'n greet followed by a hike along the canal. Learn about the club and meet some of the members.				

Times and Meeting Places can change so please call the Contact Person before the event.

IMPORTANT: The times listed are departure times, thus arrive 10 to 15 minutes early.

OPEN EVENT: No waivers required

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Approximate cost excluding transportation: \$ = <\$50

\$\$ = \$50-100

\$\$\$ = >\$100

DATE	EVENT/ACTIVITE	LEVEL/ NIVEAU	MEETING PLACE/ LIEUX DE RENCONTRE	CONTACT PERSON PERSONNE CONTACTE
Fri. June 3 – Relay for Life - Maxville http://convio.cancer.ca/site/TR?fr_id=8724&pg=entry				
Sat. June 4 8:00 a.m.	Hiking Gatineau Park	2-3	Tim Horton's next to Kelsey's Restaurant	Kevin 935-5816
June 5 – Deadline for Frontenac Park Wilderness Camping (Sept 2-5) (Cost \$30) – Contact Gord 937-1759 (weekends) or e-mail at gheward@cogeco.ca				
Sun. June 5 6:30 a.m.	Cycling Tour de l'Île Montreal, QC	2 - \$ 50 km	Tim Horton's next to Kelsey's Restaurant	Terry 937-3636
Early registration fee for adults is \$26 and ends April 10 th . Regular registration fee \$29 April 11-May 29. Late registration fee \$35 from May 30 th . http://www.velo.qc.ca/english/index.php				
June 10-12 Weekend TBD	North Pole Camping (Hiking/Canoeing) Wilmington, NY	\$	TBD	Will 937-4900
Sat. June 11 8:00 a.m.	Wilmington Whiteface Mountain Road Race Adirondacks	4 \$	Tim Horton's next to Kelsey's Restaurant	Chrissy 932-5254
http://www.active.com/cycling/wilmington-ny/wilmingtonwhiteface-road-race-2011				
Course: A 6.1-mile out-and-back on Bonnie View Rd. accesses a fast and challenging 13.7-mile loop. Entry Fees: \$30				
June 11-12 TBD	Mountain Hiking Whiteface Wilmington, NY	4	Tim Horton's next to Kelsey's Restaurant	Kevin 935-5816
Hike Whiteface Mountain on Sunday. Choose to camp the night before at the North Pole Campgrounds.				
June 17 – Deadline for Tam Tams and Cycling in Montreal (July 31 – Aug 1) – Contact Kevin 935-5816				
June 17-19 Weekend TBD	Hiking/Camping New Hampshire	Choice of 4 or 2-3 \$\$\$	TBD	Ted 937-0668 or Wayne 932-3016
Sat. June 18 10:00 a.m.	Hike & Breakfast Mo's Diner St. Andrews	2 \$	Cornwall Centre Road at entrance to bike path	Don 551-8700
Sun. June 19	Father's Day			
June 25 – Deadline for Lac Leamy Fireworks (Aug. 20) – Contact Veronica 346-2042				
Sat. June 25 3:00 p.m.	Strawberry Picnic Charlottenburgh Park	1	Charlottenburgh Park OPEN EVENT	Huguette 534-8855
Annual Outdoor Club Potluck Picnic. Camping available on Saturday night. Book with the park office. Contact Huguette early with your choice of food item.				
Sat. June 25 4:00 p.m.	Camp-Stove Cook-Off Competition	1	Charlottenburgh Park	Kevin 935-5816
At the picnic there will be a cook-off competition open to anyone with a camping stove. Make any dish using your stove. It will be judged by three local experts. Join in and have fun. You could win a prize!				
Sun. June 26 1 p.m.	Hiking Larose Forest	2	Tim Horton's next to Kelsey's Restaurant	Will 937-4900

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June 30-July 7 TBD	Camping Week Algonquin Park \$25 reservation fee/ limited spots	2-3 \$\$	TBD	Wayne 932-3016
Fri. July 1	Canada Day			
July 2-3 (Overnight) TBD	Cycling P'Tit Train du Nord, Laurentians	2 \$\$ 100 km	Tim Horton's next to Kelsey's Restaurant	Cheryl 938-7372
For more information, visit the website: http://www.out-there.com/pt-train.htm				
July 5-17 – Ottawa Blues Festival – contact Wayne 932-3016 See schedule at http://www.ottawabluesfest.ca/				
Sat. July 9 9:00 a.m.	Canoeing/Kayaking Bird Watching Strachan Island, Ingleside	2	Moulinette Park at the intersection of Hwy 2 and Avonmore Road	Harry 933-1753
visit a water bird nesting colony				
Sun. July 10 8:00 a.m.	Hiking in Oka & Picnic St. Eustache Lavender Farm, QC	2 \$	Tim Horton's next to Kelsey's Restaurant	Sylvie 935-5816
Admire the beauty of lavender fields, inhale its perfume, and learn more about its virtues. \$5 Admission fee. Sample lavender treats in the bistro and visit the boutique. Visit http://www.purelavande.ca/ for more details. Oka Park hiking trails range from 1.5 to 7.5 kms loops. See http://www.out-there.com/oka.htm#Hiking				
Mon. July 11 6:30 p.m.	Fall Scheduling Meeting		Cornwall Library OPEN EVENT	Sylvie 935-5816
July 14-17 – Cornwall Lift-Off – Lamoureux Park, Cornwall. Check out the balloons and music concerts. Visit the website http://www.lift-off.ca/ Contact Huguette 534-8855				
Sat. July 16 8:00 a.m.	Mountain Hike St. Regis Mtn, NY	3	Tim Horton's next to Kelsey's Restaurant	Gord 937-1759 (weekends) or gheward@cogeco.ca
Sun. July 17 10:00 a.m.	Hike & Breakfast Mo's Diner St. Andrews	2 \$	Cornwall Centre Road at entrance to bike path	Don 551-8700
July 23-24 (Overnight) TBD	Backpacking Hike/Camping Adirondacks	4	Tim Horton's next to Kelsey's Restaurant	Chrissy 932-5254 Bill 936-1686
July 29-Aug. 1 Weekend	Camping & Hiking Mount Killington Vermont	3-4 \$\$	TBD	Ted 937-0668 or Wayne 932-3016
Sun. July 31 to Mon Aug 1 9:00 a.m.	Tam Tams & Cycling Montreal, QC	1-2 \$\$\$	Tim Horton's next to Kelsey's Restaurant	Kevin 935-5816
Sunday morning cycle along the paths in Montreal. On Sunday afternoon we will visit the Tam Tams (free style drumming and dancing) at Mont Royal. See http://citynoise.org/article/5313 . We will stay overnight in Montreal and explore more cycling paths on Ile Boucherville on the St. Lawrence River on Monday.				
Sat. August 6 1:00 p.m.	Croquet & Williamstown Bicentennial Fair Williamstown, ON	1 \$	Tim Horton's next to Kelsey's Restaurant	John 935-4531
Admission to fair \$8 per person for day pass. \$15 for weekend pass.				

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Sun. August 7 9:30 a.m.	Cycling & Beach 1000 Island Parkway Brown's Bay	2-3 \$	Tim Horton's next to Kelsey's Restaurant	Heather 933-9836 or heather.lennox@ gmail.com
From Brown's Bay picnic area cycle east for flat trail or west for a more challenging ride. The choice is yours. Nearby hiking trails and National Park Interp. Centre. Return to picnic area for swimming, frisbee, etc. Picnic lunch & supper.				
August 12-14 Cornwall Waterfest Weekend – Lamoureux Park, Cornwall. 3 days of water related events (swimming, tubie race, dunk tank, dragonboat races, etc.) See http://www.cornwallwaterfest.com/				
Aug. 13-14 Weekend TBD	Cycling/Camping/ Hiking, Farran's Park, Ingleside	2-3 \$	Lamoureux Park Bandshell	Cheryl 938-7372
Sat. Aug. 20 12:00 noon	Cycling /Fireworks/ Supper Lac Leamy, QC	1-2 \$\$	Tim Horton's next to Kelsey's Restaurant	Veronica 346-2042
Sun. Aug. 21	Cornwall Triathlon – Volunteers needed	1	Heritage High School, Montreal Rd.	Terry 937-3636
For more information, visit: http://www.cornwalltriathlon.com/vol.shtml				
Sat. Aug. 27 10:00 a.m.	Hike & Breakfast Mo's Diner St. Andrews	2 \$	Cornwall Centre Road at entrance to bike path	Don 551-8700
Sun. Aug. 28 7:00 a.m.	Cycling Gatineau Park	3	Tim Horton's next to Kelsey's Restaurant	Kevin 935-5816
Sept. 2-5 Weekend TBD	Wilderness Camping Frontenac Park	2 \$	Tim Horton's next to Kelsey's Restaurant	Gord 937-1759 (weekends) or gheward@cogeco.ca
Sun. Sept. 4 7:00 a.m.	Cycling - Véloka Oka, QC	3 \$	Tim Horton's next to Kelsey's Restaurant	Sylvie 935-5816
Rain Date Sept. 5. Very hilly terrain. Lunch, t-shirt, and snacks provided with registration fee. http://www.municipalite.oka.qc.ca/fr/index.php				

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