

CORNWALL OUTDOOR CLUB DE PLEIN AIR

Winter Schedule 2010 - Sédule d'Hiver 2010

www.cornwalloutdoorclub.ca

MEMBERSHIP OFFICER 936-1686

DATE	EVENT/ACTIVITE	LEVEL/ NIVEAU	MEETING PLACE/ LIEUX DE RENCONTRE	CONTACT PERSON PERSONNE CONTACTE
Sat. Jan 2 10 am	XC Skiing Guindon Park	1-2	Guindon East Parking Lot	Denis 933-6162
Sunday Jan 3 Deadline for Paraskiing (Jan 16)			Contact Rose-Marie	346-7667
Sunday, Jan 3 5 pm	Alight the Night & Supper Upper Canada Village	1 \$	Tim Horton's next to Kelsey's Restaurant	Sylvie and Kevin 935-5816
Sunday Jan 3 Deadline for Saint Sauveur Ski Weekend (Jan 22-24)			Contact John	363-6128
Sat. Jan. 9 8:30 am	Ski/Snowshoe/Skijoring Larose Forest	2-3 \$	Tim Horton's next to Kelsey's Restaurant	Rose-Marie 346-7667
Sunday Jan. 10 12:00 pm	XC Skiing Summerstown Forest	1	Tim Horton's next to Kelsey's Restaurant	Ted 937-0668
Monday Jan 11 7:00 pm	Outdoor Club Meeting	1	Chrissy's House	Chrissy 932-5254
Sat Jan 16 8:30 am	Para-skiing Hawkesbury	3 \$	Tim Horton's next to Kelsey's Restaurant	Rose-Marie 346-7667
Sat. Jan. 16 8:30 am	Adirondack Interpretive Centre	1	Tim Horton's next to Kelsey's Restaurant	Sylvie and Kevin 935-5816
Ski & Snowshoe on the groomed trails then take part in the Chili Cook-Off & other fun events at the centre.				
Sunday Jan. 17 1:30 pm	Zumba Fitness and Swimming	2 \$	Summit Fitness Center	Sylvie 935-5816
Zumba Fitness combines an Aerobic Workout and Latin Dance Moves, cool off with a swim afterwards				
Sunday Jan 17 8:30 am	Winter Zipline Gatineau Park	2 \$	Tim Horton's next to Kelsey's Restaurant	Chrissy 932-5254
Weekend Jan. 22-24 8:00 am	Ski, Snowshoe & Shopping Weekend St Sauveur QC	2 \$	Tim Horton's next to Kelsey's Restaurant	John 363-6128
Spend the Weekend in a Chalet in the Laurentian Mountains. Take part in your choice of Downhill skiing in Saint Sauveur or Cross Country skiing on the P'tit Train du Nord or Shopping at the warehouse outlet stores.				
Jan 25 Deadline for ski weekend in Gatineau Park (Feb. 20-21)			Contact Chrissy	534-8855
Sat. Jan 30 6:30 pm	Moonlight Ski, Snowshoe Bird Sanctuary	2	Tim Horton's next to Kelsey's Restaurant	Sylvie and Kevin 935-5816
Sunday Jan. 31 8:00 am	Downhill Ski Titus Mt. N.Y.	2 \$	Tim Horton's next to Kelsey's Restaurant	Terry 937-3636
Sat. Feb. 6 8:30 am	Snowshoe Baker Mt., Winter Carnival & Supper Saranac Lake NY	1 & 3 \$	Tim Horton's next to Kelsey's Restaurant	Sylvie and Kevin 935-5816
Sunday Feb. 7 12:00 pm	Snowshoe Upper Canada Bird Sanctuary	1	Tim Horton's next to Kelsey's Restaurant	Will 937-4900
Friday Feb 12 5:30 pm	Night Skiing Titus Mt N.Y.	2 \$	Tim Horton's next to Kelsey's Restaurant	Chrissy 932-5254 Bill 936-1686
Sat. Feb. 13 9:30 am	Backwoods Snowshoe + Restaurant Williamstown	1-2 \$	Tim Horton's next to Kelsey's Restaurant	John 363-6128

DATE	EVENT/ACTIVITE	LEVEL/ NIVEAU	MEETING PLACE/ LIEUX DE RENCONTRE	CONTACT PERSON PERSONNE CONTACTE
Monday Feb.15 9:30 am	XC Ski & Ice Skate St. Lazare	1-2 \$	Tim Horton's next to Kelsey's Restaurant	John 363-6128
Weekend Feb 20-21	Cross Country and Downhill Ski Weekend Gatineau Park QC	2-3 \$	T.B.D.	Chrissy 932-5254 & Bill 936-1686
Sunday Feb. 21 2:00 pm	Larose Snowshoe & Asian Restaurant in Casselman	1 \$	Tim Horton's next to Kelsey's Restaurant	Will 937-4900
Sunday Feb. 21 10 am	Skate Rideau Canal	1	Tim Horton's next to Kelsey's Restaurant	Wayne 932-3016
Sat. Feb.27 7:00 pm	Moonlight Hike/ Snowshoe & Bonfire	1	Tim Horton's next to Kelsey's Restaurant	Huguette 534-8855
Sunday Feb 28 Deadline for Stoneham Downhill Ski Weekend Contact Wayne 932-3016				
Sunday Feb.28 8:30 am	Ski Mt. St.Bruno + Restaurant at Smoke Meat Pete's	2 1	Tim Horton's next to Kelsey's Restaurant	Chrissy 932-5254& Bill 936-1686
March 1 Deadline for Curling Bonspiel on March 13 in Alexandria Contact Linda 525-1943				
Sat. March 6 2:00 pm	Snowshoe Cooper's Marsh	1	Tim Horton's next to Kelsey's Restaurant	Sylvie 935-5816
TBA	Spring Schedule Meeting	1	Knights of Columbus Cornwall	John 363-6128
Sunday March 7 9:00 am	XC Skiing Vankleek Hill	2	Tim Horton's next to Kelsey's Restaurant	Rose-Marie 346-7667
Sat. March 13	Curling Bonspiel Alexandria	2 \$	T.B.D.	Linda 525-1943
Sunday March 14 9:30 am	Day in Ottawa St. Patrick Day Parade	1 \$	Tim Horton's next to Kelsey's Restaurant	Kevin 935-5816
Weekend March 20-21 9:00 am	Adirondack Winter Camping	2	Tim Horton's next to Kelsey's Restaurant	Cheryl 938-7372 & Wayne 932-3016
Sunday March 21 11:00 am	Sugar Bush Ottawa	1 \$	Tim Horton's next to Kelsey's Restaurant	Huguette 534-8855
Sat. March 27	Stoneham -Quebec City Ski Weekend	2 \$	T.B.D.	Wayne 932-3016
Tuesday April 13 6:00 pm	Supper Night and Movie		Japanese and Thai Restaurant, Le Village	Cheryl 938-7372
Sat. April 17 7:30 pm.	Wine & Chocolate Evening	1 \$	T.B.D.	Kevin and Sylvie 935-5816
Experience an evening of wine, fruit and chocolate while socializing with Good Friends. Reserve ahead.				
Sat. April 24 6:00 pm	Supper at Bavarian Rest. and Moonlight Walk	1 \$	Bavarian Restaurant Hwy 2 Ingleside	Cheryl 938-7372
Sunday April 25 9:30 am	Cycling to Long Sault for Breakfast	1 \$	Tim Horton's next to Kelsey's Restaurant	Sylvie 935-5816
Sunday April 25 Deadline for August Long Weekend Camping in Vermont Wayne 932-3016 (max 16 people)				

OPEN EVENT: No waivers required

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HIKING: LEVEL 1 = Even Grade, LEVEL 2 = Medium Grade, LEVEL 3 = Steep Grade

Times and Meeting Places can change so please call the Contact Person before the event.

IMPORTANT: The times listed are departure times, thus arrive 10 to 15 minutes early.